

Pray Like Jesus: Week 1-The Lord's Prayer (Gabe Cleave)

"The Lord's Prayer": Jesus teaches His disciples in **Matthew 6** along with **Luke 11** and breaking this prayer down in sections to see how we can take the words of this prayer and allow it to help us learn how to pray like Jesus.

Action steps

- To receive a weekly text with a prayer challenge, text "pray" to (208) 216-1110
- Email questions about prayer to askreallife@reallifeministries.com
- Join us at 8am each week in the team room to pray for our church
- Prayer/worship night on September 24th from 4-5pm

What does the Bible say about prayer?

Phil. 4:6-7 (NLT) – James 5:13-16 (NIV) – 1 Thess. 5:16-18 (NIV) – Acts 2:42 (NIV) – 2 Chron. 7:14-15 (NIV)

- The bible has a lot to say about prayer, and makes it obvious that prayer is something that is extremely important...

What is prayer?

1. Prayer is simply a conversation we have with God (we talk to and with Him).
 - a. We are able to tell Him what we need and even what we want, and we know that He hears us. **Philippians 4:6-7 (NLT)**
2. Prayer is about maintaining a relationship with God
 - a. We are able to share with God what is on our hearts
3. Prayer is aligning our will and desires with His. **1 John 5:14-15**
 - a. Prayer is not about changing God's mind, but about changing our hearts.
4. Prayer is submitting to His leadership
 - a. Prayer puts us on our knees (figuratively and literally) and reminds us of our need for God
5. Prayer is how we engage in the spiritual battle around us. **Ephesians 6:13-18 (NLT)**

We don't fight spiritual battles using physical weapons. We fight the spiritual battles in the spirit and that comes through prayer.

How should we pray?

- There is absolutely no formula to prayer. There is no one right way to pray, but there are ways to pray that allow us to connect better with God.
- As always, we look to Jesus as our model of how to pray because if there is one person who knew how to connect with God the Father it was God the Son. **Luke 11:1**

The Lord's Prayer

- The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him.

Matthew 6:9-13 (NKJV)— 9 In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. **10** Your kingdom come. Your will be done on earth as *it is* in heaven. **11** Give us this day our daily bread. **12** And forgive us our debts, as we forgive our debtors. **13** And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

- 1) **Our Father in heaven**
 - a. Connect with God relationally
- 2) **Hallowed by Your name**
 - a. Worship His name
- 3) **Your kingdom come. Your will be done on Earth as it is in Heaven**
 - a. Pray His agenda first
- 4) **Give us this day our daily bread**
 - a. Depend on Him for everything
- 5) **Forgive us our debts as we forgive our debtors**
 - a. Forgive and be forgiven
- 6) **And do not lead us into temptation, but deliver us from the evil one**
 - a. Engage in spiritual warfare
- 7) **For yours is the kingdom and the power and the glory forever**
 - a. Express your faith in Gods ability

For Small Group Discussion

Opening Question: What/who taught you to pray?

Main Point: The Lord's prayer is not a formula to get what we want; Jesus teaches us to pray through a process that aligns our heart with God's.

Main Scripture: Luke 11:1, Matthew 6:5-15

Head:

- What were Jesus' prayer habits like?
- Describe your prayer routines.

Heart:

- What does the Lord's Prayer mean to you (currently)?
- If you could ask Jesus something about prayer, what would you ask Him?

Hands:

- How are you hoping to grow through this series?
- What is something from the passage/sermon that you want to apply in your personal life?

Additional Scripture: James 4:3

Tips and Resources: *When You Pray: A Study of Six Prayers in the Bible*

Questions about prayer? Email askreallife@reallifeministries.com and we will address your questions throughout the series and through additional podcasts.